



CAPITAL CITY Senior Games RECORDS



POWERLIFTING WOMEN

Dead Lift

AGE	NAME	CLASS	RECORD	
50-54	Wendee Whittaker	132 lbs	220 lbs	2020
50-54	Wendee Whittaker	148 lbs	205 lbs	2019
50-54	Kim Hopkins	165 lbs	180 lbs	2019
50-54	Heather Lanham	181 lbs	205 lbs	2018
50-54	Katharine Gossman	198 lbs	255 lbs	2017
50-54	Leslie Allen	198+ lbs	255 lbs	2020
55-59	Colleen Fahey	165 lbs	240 lbs	2020
55-59	Kim Hopkins	181 lbs	215 lbs	2022
55-59	Lynn Smith	198 lbs	210 lbs	2019
60-64	Jane Cormier	132 lbs	120 lbs	2019
60-64	Cathy Cartwright-Tolbert	148 lbs	190 lbs	2020
60-64	Diana Sellers	165 lbs	205 lbs	2019
60-64	Diana Sellers	181 lbs	210 lbs	2020
60-64	Shelley Todd	198 lbs	205 lbs	2017
60-64	Kathy Wood	198+ lbs	240 lbs	2020
65-69	Jane Cormier	105 lbs	175 lbs	2019
65-69	Wendy Barber	132 lbs	150 lbs	2019
65-69	Sharon Wolfe	148 lbs	140 lbs	2019
65-69	Leslie Kitching	165 lbs	200 lbs	2020
65-69	Julie Zimmerman	165 lbs	150 lbs	2016
65-69	Dawn Brown	181 lbs	200 lbs	2017
65-69	Leslie Kitching	198 lbs	190 lbs	2019
70-74	Lois Johnson	123 lbs	135 lbs	2020
70-74	Wendy Barber	132 lbs	155 lbs	2020
70-74	Sharon Wolfe	148 lbs	155 lbs	'20/'22
70-74	Gail Thornton	165 lbs	165 lbs	2020
70-74	Dawn Brown	181 lbs	200 lbs	2018
75-79	Zoea Mansfield	123 lbs	115 lbs	2020
75-79	Jill Sandler	198 lbs	135 lbs	2019
75-79	Jill Sandler	198+ lbs	150 lbs	2020
80-84	Zoea Mansfield	123 lbs	110 lbs	2022
85-89				
90+				