



# CAPITAL CITY Senior Games RECORDS



## TRACK - RUNNING MEN

### 100m

AGE	NAME	RECORD
50-54	Barry Kays	12.27 2021
55-59	Timothy Street	12.7 2017
60-64	Jeffery Fillia	12.92 2021
65-69	Barry Hogue	13.8 2017
70-74	Barry Hogue	14.19 2018
75-79	Johnnie Lucassen	16.13 2013
80-84	Michael Werner	18.22 2021
85-89	Don Erickson	19.02 2021
90+	Don Rapp	33.78 2021

### 200m

AGE	NAME	RECORD
50-54	Bruce Edwards	26.93 2017
55-59	Chalres Williams	30.07 2020
60-64	Bill Tharpe	27.1 2010
65-69	Bill Tharpe	29.48 2014
70-74	Les Garringer Tr.	33.82 2022
75-79	Johnnie Lucassen	38.5 2013
80-84	Norm Taylor	44.91 2011
85-89	Don Erickson	41.42 2021
90+		

### 400m

AGE	NAME	RECORD
50-54	Charles Williams	59.68 2012
55-59	Charles Williams	1:04.65 2017
60-64	Charles Williams	1:06.83 2021
65-69	Rodney Atherton	1:08.09 2022
70-74	Mark Flynn	1:22.6 2022
75-79	Johnnie Lucassen	1:33.7 2013
80-84	George Knoblock	1:47.0 2010
85-89		
90+		

### 800m

AGE	NAME	RECORD
50-54	Len Ferman	2:18.0 2014
55-59	Paul Hodge	2:40.0 2018
60-64	Mike Cipriano	2:52.0 2018
65-69	Mark Flynn	2:54.9 2014
70-74	Mark Flynn	3:16.95 2021
75-79	Neil Snyder	3:32.5 2022
80-84	George Knoblock	4:49.9 2010
85-89		
90+		

### 1500m

AGE	NAME	RECORD
50-54	Brian Hickey	5:26.6 2020
55-59	Paul Hodge	5:15.73 2018
60-64	Mike Cipriano	5:47.00 2018
65-69	Ken Devries	5:46.02 2018
70-74	Joseph McVeigh	6:39.1 2015
75-79	Johnnie Lucassen	7:02.4 2013
80-84	Bob Keller	8:54.9 2014
85-89		
90+		