



# CAPITAL CITY Senior Games RECORDS



## TRACK - JUMPING

### WOMEN

#### High Jump

AGE	NAME	RECORD
50-54	Nancy Wallace	1.07m 2015
55-59	Vivan Mitchell	1.05m 2012
60-64		
65-69		
70-74	Julie Guhl	0.97m 2017
75-79		
80-84		
85-89		
90+		

### MEN

#### High Jump

AGE	NAME	RECORD
50-54	John Allen	1.43m 2014
55-59	Charles Williams	.91m 2017
60-64	Rodney Atherton	1.57m 2018
65-69	Tim Heikkila	1.52m 2018
70-74	Jerry Taunton	1.37m 2018
75-79	Alan Raynor	1.11m 2010
80-84		
85-89		
90+		

#### Long Jump

AGE	NAME	RECORD
50-54	Tiffany Wilson	4.92m 2011
55-59	Vivan Mitchell	4.26m 2012
60-64	Jocelyn Lowther	3.79m 2014
65-69	Jocelyn Lowther	2.75m 2019
70-74	Julie Guhl	2.03m 2017
75-79		
80-84		
85-89		
90+		

#### Long Jump

AGE	NAME	RECORD
50-54	Charles Williams	4.83m 2013
55-59	Charles Williams	3.73m 2017
60-64	Rodney Atherton	4.94m 2018
65-69	Jamiyu Amuwo	4.16m 2013
70-74	Jerry Taunton	3.58m 2018
75-79	Jim Parrish	3.81m 2018
80-84	Norm Taylor	2.69m 2011
85-89		
90+		

#### Triple Jump

AGE	NAME	RECORD
50-54	Nancy Wallace	5.84m 2015
55-59	Lisa Raleigh	4.44m 2019
60-64		
65-69		
70-74		
75-79		
80-84		
85-89		
90+		

#### Triple Jump

AGE	NAME	RECORD
50-54	John Allen	8.98m 2017
55-59	John Allen	7.89m 2018
60-64	Rodney Atherton	9.66m 2018
65-69	Jamiyu Amuwo	8.76m 2013
70-74	Jerry Taunton	8.01m 2018
75-79	Alan Raynor	7.82m 2010
80-84	Norm Taylor	5.20m 2010
85-89		
90+		